
Sele News

**GPs: Drs Gold, Frankel, Coady, Lewis, Dovey and Spiers
Hexham Primary Care Centre, Corbridge Road, Hexham,
Northumberland, NE46 1QJ
Telephone (01434) 602237**

Summer 2023

PLEASE TAKE ONE

NHS Parkrun

The usual Saturday morning Tyne Green parkrun at 9am on 8 July will be celebrating the 75th birthday of the NHS. Some of our team, along with staff from other local practices, will be volunteering or participating. We hope to see you there!

Flu clinics

Although the sun is shining outside, we are already planning our autumn flu campaign. Our main flu clinic will, this year, be on Saturday 30 September. Appointments are available to book online.

Please book an appropriate appointment Over 65 or under 65 (if you are eligible) as different vaccines are used for those over 65, with our appointments based on relevant vaccine numbers.

We will make more appointments available as needed.

Those eligible are:

- age 65 plus or with
- Chronic respiratory disease
- Heart Disease
- Chronic Kidney disease
- Liver Disease
- History of Stroke or other neurological condition
- Diabetes
- Immunosuppression
- Without a spleen
- BMI 40+
- Carers

Saturday Extra Care hub

Our practice nurses, Charlotte and Suzanne regularly work at the hub which takes place on our premises every Saturday. Our receptionists can book appointments with them.

Additionally, the hub offers a full women's health service, including coil fitting, usually on the first Saturday of each month.

BMI/BP machine

Some of you may have noticed our new measuring machine in the waiting room.

This machine can measure height, weight and blood pressure. The machine gives you verbal instructions as to how to use it as well as showing you on the screen. It discreetly provides a print out of your measurements and we are hoping to link these to the clinical record very soon.

Please report to reception if your BP reading is high.

Care Co-ordinator

We welcome to the team Karen Hayter as our Care co-ordinator. She will be working with our community matron and the GPs to ensure that our most vulnerable patients receive co-ordinated care.

Private charges

Most of our services are offered at no direct charge to the patient. However, there can be occasions where a private charge needs to be levied. These charges do not go directly to a doctor; they form part of the practice's income which is used to provide our patient services in all their guises.

Telephone System

We continue to tweak our system to ensure patients are able to access our reception team as efficiently as possible. We have acted on some recently received feedback to ensure that our 'hold' music is soothing.

Medical Students

We'd like to thank our patients who consulted with our medical students over the past few months. Consulting in a GP practice gives them the incredibly important skills they need in history taking and diagnosis which they need in their future careers.

All students are closely supervised by one or more of our regular GPs.

Update your records

Please ensure we have your up to date mobile phone details so that we can contact you about your care. We are also aiming to text sick notes to save paper and to save you having to attend the surgery to collect them.

A Final Thought....

Happiness is the new rich. Inner peace is a new success. Health is new wealth. Kindness is the new cool." – Anonymous.